

Characteristics of a successful team player
#3

ADAPTABILITY

The ability to change for a new use or purpose

Flexibility is a strength.
Rigidity and teamwork don't mix.

Adaptable teammates have these characteristics:

- They are **teachable** - unafraid to try new things to better themselves
- They are **emotionally secure** - they are not threatened by change
- They are **creative** - creative people "find a way"
- They are **service minded** - their goal is to serve the team, not themselves

Successful teammates are "masters of change," always experimenting to bring about higher levels of achievement.

How are you when it comes to adaptability?

If you are asked to make a change to better the team, how do you react?

If a key player in another position is having trouble are you willing to change positions to help out?

If someone is better than you at your position, are you willing to take on another role?

Tips to help you become more adaptable:

Get in the habit of learning. Become a student of the game. When you learn something new, write it down and file it somewhere for future use.

Re-evaluate your role - look at your role now and see if you could help the team in other ways.

Think outside the lines - look for solutions when you get in a rut. Use this phrase, "Not why it *can't* be done, but how it *can* be done."