

Characteristics of a successful team player  
#1

**DEPENDABLE**

Trustworthy and reliable

“Ability without dependability has no value”

Dependability requires:

**Pure Motives** - Put the team’s agenda ahead of yours

**Responsibility** - The one quality all successful people have is the ability to take on responsibility. Responsibility indicates that people **want** to be dependable.

**Sound thinking** - You must use good judgment. Do more than what is required.

**Consistent contribution** - Your team must be able to count on you **all of the time**.

“It is not enough that we do our best; sometimes we have to do what is required”

-Winston Churchill

Can your teammates depend on you? Do you make good decisions that are reliable? Do you perform consistently? Are you a go-to player or does your team work around you?

TO IMPROVE YOUR DEPENDABILITY -

**Check your motives** - make sure your goals align with your teams

**Discover what your word is worth** - Ask people you know, if you follow through when you say you are going to do something.

**Find someone to hold you accountable** - You are much more likely to become dependable if you have a partner helping you.

“The only people that count are those that can be counted on.” - Henry Cope