

Characteristics of a successful team player
#2

PREPARED

Becoming ready for use
It is better to prepare than repair

To prepare yourself to help your team think about the following:

Assessment - Know what you are preparing for, where you will be headed, what the conditions will be like, and what price you will have to pay. If you don't know that, you cannot prepare properly.

Alignment - You can't just work hard, you have to do the right work. Get lined up properly.

Attitude - You must prepare physically but you must also be positive mentally. If you believe in yourself and your teammates you will succeed.

Action - Preparation means being ready to take that first step. You will must act on it.

"Courage has no greater ally than preparation, and fear has no greater enemy."

To improve your preparedness:

Become a process thinker - Think ahead. Mentally walk through the process. Break it down into parts and decide what you need to prepare for each.

Do more research - Become familiar with research tools that will help you in your development.

Learn from your mistakes - The greatest preparation is often your own experience. Think about mistakes you have made and how you can face those situations differently the next time.

"You can claim to be surprised once; after that you are unprepared."