Characteristics of a successful team player #5

TENACIOUS

Never, Never, Never Quit

"A champion is someone who gets up, even when he can't"

Being tenacious means:

Giving all that you have not more than you have - People who lack tenacity sometimes give up because they think being tenacious means giving more than they have to offer. *"All I want from you is all you've got."*

Working with determination, not waiting on destiny - Tenacious people don't rely on luck, fate or destiny. They simply work hard. When things get tough, they continue to work hard. *"I start when the last man left off."* -Thomas Edison

Quitting when the job is done, not when you get tired - You must push yourself past what you *think* you can do and find what you are capable of.

"When you reach the end of your rope, tie a knot and hang on." -Thomas Jerrerson

To improve your tenacity:

Work harder and/or smarter - If your thirty minute workout is always thirty minutes put a little more time in. If you are already overworked then spend more time planning to use your time more wisely.

Stand for something - You must act with integrity. If you add acting with a purpose to that you will be that much stronger.

Make your work a game - Being competitive feeds tenacity. Create competitions with friends in class or on the team that make the tough work seem fun.

"You beat 50% of the people in America by working hard. You beat another 40% by being a person of honesty and integrity and standing for something. The last 10% is a dogfight in a free enterprise system." -A.L. Williams