**B I N G O**

Fill in one box per day. Can you earn a BINGO this week?

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| **B**(Build your body) | **I**(Innovative) | **N**(No Equipment) | **G**(Google It) | **O**(Outside) |
| 30 Plank Shoulder Taps | Create and DoAnObstacle Course | Cosmic Kids Yoga(Youtube)[https://www.youtube.com/ user/ CosmicKidsYoga](https://www.youtube.com/%20user/%20CosmicKidsYoga) | Play Cornhole orBocce Ball | RideSomethingWithWheels |
| 50JumpingJacks | LearnA NewSkill | Dance | JustDance Videos | Go ForA WalkWithYourFamily |
| 25Push-Ups | Create aNew Game/Activity | **Free** | Learn ToJuggle | Toss/Throw& Catch |
| 50Lunges | Create and Do A Bike orSportRelated ObstacleCourse | Tumbling Skills | Spin ABall On YourFingertips | FlyAKite |
| 30Sit-ups | Modify a board/card GameTo be MoreActive | Balance On/alongDifferentObjects | A NewTagGame | Use SidewalkChalk andCreate a Hopscotch |