

Studying with SQ3R

Studying for a course can be a stressful experience for even the most well-prepared students, SQ3R can help! Here's how it works.

SQ3R

SQ3R gives the student a tool in reading their textbook which greatly aids memorization and comprehension. This method can work with any material that you need to study in any course!

The method works as follows:

S

SURVEY title headings, subheadings, and captions under pictures. Ask yourself what you already know about this topic.

Notice how the chapters are divided into sections.

Look for vocabulary in bold print.

Read any summaries or questions at the end of the chapters.

Q

Write down **QUESTIONS** you think might be answered by reading the text from the chapter.

Turn subheadings into QUESTIONS that you try to answer as you read.

R

1. **READ** the text, looking for answers to your questions. Make notes.
2. **RECITE** your answers to prepare for a test.
3. **REVIEW** the information you have obtained from the reading, preferably with someone else.