

# Lil' Explorers

## Health and Wellness Policy

When the staff observes that a child is not feeling well, out of love and concern parents will be notified regarding the child's condition. Because we are not trained medical professionals, staff will use their best discretion regarding medical concerns and parents may be notified to pick up their child when an illness is suspected or if the child displays any of the following symptoms.

### **COVID 19**

Lil' Explorer's follows CUSD protocol for Covid-19. Please refer to CUSD district website for updated processes and expectations.

### **VOMITING**

If a child vomits while at the child development center, parents will be notified to pick up the child. Child may return when they are 24 hours symptom free without medication(s).

### **DIARRHEA**

If a child has one or more episodes of diarrhea in the same day, parents will be notified to pick up the child. We understand that diarrhea can be caused by various other reasons besides illness, such as antibiotics or teething in the very young. In these cases, two or more episodes will still constitute a child to be picked up for other reasons including but not limited to the risk of dehydration. Child may return when they are 24 hours symptom free without medication(s).

### **FEVER**

If a child has a body temperature of 100.4 degrees or more, parents will be notified to pick up. Child may return when they are 24 hours fever free without the use of medications, such as ibuprofen, acetaminophen, or any other medication related to the illness and/or a note from health care provider indicating that child is not contagious.

### **UNEXPLAINED RASHES**

If a child has an unexplained rash, a doctor's note will be required before the child can return to the childcare center.

## **HAND/FOOT/MOUTH DISEASE**

At the discretion of the program, children having been diagnosed with Hand Foot Mouth Disease and produced blisters during their illness, may return when all dermal blisters have been scabbed over and oral blisters show signs of healing (pink, not red sores). If no blisters occurred, a child may return after they have been fever free for 24 hours without the aid of a fever reducer.

## **PINK EYE/CONJUNCTIVITIS**

Parents will be asked to pick up a child that shows signs and/or symptoms of Pink Eye/Conjunctivitis red, itchy watery eyes with any white/yellowish/greenish discharge. Prior to returning to the child development center, a child with pink eye should have received prescribed medication for a minimum of 24 hours.

## **ABNORMAL LETHARGY**

When a child demonstrates an inability to participate in normal, everyday activities and exhibits loss of appetite, parents will be notified regarding these signs and symptoms and may or may not necessitate the child to be picked up from the center.

## **RSV**

When a child shows any combination of signs and symptoms of possible RSV, the child will be excluded from attendance until it is determined with clinical testing done by a medical professional, that RSV is not present. CDC.org states that symptoms of RSV usually include runny nose, decrease in appetite, coughing, sneezing, fever, and wheezing. In young infants with RSV the symptoms may also include irritability, decreased activity, and breathing difficulties.

## **HEAD LICE**

At the sign of any live lice or nit, parents will be notified to pick up child. Hair must be free of all live lice and nits prior to returning to school.

## **CONTAGIOUS CONDITIONS**

If a child has any contagious conditions (strep throat, pink eye, chicken pox, etc.), please contact Lil' Explorer's Site Coordinator immediately so parent alert letters can be posted. (Confidentiality will be maintained.)

## **PRESCRIPTION OR OTC MEDICATIONS**

If a child requires medication during the day a Medication Consent Form must be filled out and submitted before medications can be dispensed. Prescription Medications need to be in the original container and show the child's full name, name of their parents, date, and physician's order which should include the name of the medication, dosage, frequency and mode of administration and the Medication Consent Form must be completed.

Any medications being dispensed to children must have had the first dosage at their home 24 hours prior to administering at the CUSD80 childcare location.

Children who have health concerns that require an epi-pen or breathing treatments must complete a personal health plan packet each year.

No medications are to be kept or stored in children's diaper bags or back packs while in the classroom. Please see your Center's Coordinator should you have a need to bring meds to school for later pick up.

When a child demonstrates an inability to participate in normal, everyday activities and exhibits a loss of appetite parents will be notified regarding these signs and symptoms, which may or may not necessitate the child to be picked up from the center based on the discretion of the Site Coordinator.