



# Basha High School

## SPORTS MEDICINE

Take this class to learn injury prevention, treatment, evaluation and rehabilitation skills



Recipient Name  
Address  
City, ST ZIP Code

Company Name  
Street Address  
City, ST ZIP Code







## SPORTS MEDICINE 1

- **Sports Medicine Team**
- **Organization/Administration, Policies, AT Room Design**
- **Legal Liability, Insurance and Ethics**
- **Preventing Injuries through Fitness**
- **CPR, AED**
- **First Aid and Emergency Procedures**
- **Environmental Factors**
- **Nutrition**
- **Sports Psychology**
- **Intro to Anatomy**
- **Foot, Ankle and Lower Leg**
- **Knee**
- **Elbow, Wrist and Hand**
- **Shoulder**
- **Head and Face/Concussions**
- **Spine**
- **Head/Concussions**

## SPORTS MEDICINE 2

- **Ankle, Foot and Lower Leg, Knee, Shoulder, Elbow, Hand/Wrist, Spine, Head**
  - **Bony Palpation**
  - **Soft Tissue Palpation**
  - **Special Tests**
  - **ID of Injuries and Conditions**
  - **Treatments**
  - **Rehab Exercises**
  - **Return to Play Activities**
  - **Taping**
- **Cryotherapy and Thermotherapy**
- **Electrical Stimulation and Ultrasound**
- **Traction**
- **Intermittent Compression**
- **Massage**
- **Protective Taping, wrapping, splinting and bracing**
- **Goniometry**
- **Flexibility**
- **Weight Training**
- **Emergency and Athlete Transport and Splinting**

### Notice of Nondiscrimination

Chandler Unified School District does not discriminate on the basis of race, color, ethnicity, national origin, religion, sex or gender, sexual orientation, disability or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following persons have been designated to handle inquiries regarding the nondiscrimination policies:

#### Compliance officer for Title IX

Dr. Craig Gilbert, Assistant Superintendent

1525 W. Frye Rd.

Chandler, AZ 85224

[gilbert.craig@cusd80.com](mailto:gilbert.craig@cusd80.com)

(480) 812-7630

Sandy Cooper, Assistant Superintendent

1525 W. Frye Rd.

Chandler, AZ 85224

[cooper.sandy@cusd80.com](mailto:cooper.sandy@cusd80.com)

(480) 812-7624

#### Compliance officer for Section 504

Dr. Kymberly Marshall, Director of Student Services

500 W. Galveston St.

Chandler, AZ 85225

[marshall.kymberly@cusd80.com](mailto:marshall.kymberly@cusd80.com)

(480) 224-3732

### Aviso de no discriminación

Distrito Escolar Unificado de Chandler no discriminan en base de raza, color, etnia, origen nacional, religión, sexo o género, orientación sexual, discapacidad o edad en sus programas y actividades, proporcionan acceso en condiciones de igualdad a los Boy Scouts y otros grupos de jóvenes. Las siguientes personas han sido designadas para tratar preguntas en cuanto a las políticas de no discriminación:

#### Funcionario de Cumplimiento de Título IX

Dr. Craig Gilbert, Asistente de Superintendente

1525 W. Frye Rd.

Chandler, AZ 85224

[gilbert.craig@cusd80.com](mailto:gilbert.craig@cusd80.com)

(480) 812-7630

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#### Funcionario de Cumplimiento para Sección 504

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