

## *Eight-Week Grief Support Group for Students*

New Song Center for Grieving Children gives grief support to children, teens, young adults and their families. To address the specific needs of grieving students at school, New Song Center offers an eight-week support group that is designed for the school setting. The group is a safe place where students can learn about grief reactions, express thoughts and feelings, and gain support in a professionally-facilitated setting at their school. It allows students to process their grief, share their stories, learn healthy coping strategies and develop positive connections with other grieving students.

### **Eight-week outline**

What is death? What is grief?  
Telling your story  
Recognizing grief feelings  
Handling changes  
Dealing with guilt  
Being different  
Coping and support  
Moving forward...

To enroll in the support group, please complete the enrollment form and agreement, and return to your school counselor.

### **For more information, call or e-mail us.**

(480) 951-8985  
[info@newsongcenter.org](mailto:info@newsongcenter.org)

**NEWSONG**

CENTER for GRIEVING CHILDREN

*A program of Hospice of the Valley*