# <u>KIDS EXPRESS</u> <u>HEALTH AND WELLNESS POLICY</u>

When staff observes that a child is not feeling well, out of love and concern parents will be notified regarding the child's condition. Because we are not trained medical professionals, staff will use their best discretion regarding medical concerns and parents may be notified to pick up their child when an illness is suspected or if the child displays any of the following symptoms

# VOMITING

If child vomits while at the child development center, parent will be notified to pick up child. Child may return when they are 24 hours symptom free.

## DIARRHEA

If child has one or more episodes of diarrhea in the same day, parent will be notified to pick up child. We understand that diarrhea can be caused by various other reasons besides illness, such as antibiotics or teething in the very young. In these cases, two or more episodes will still constitute a child to be picked up for other reasons including but not limited to the risk of dehydration. Child may return when they are 24 hours symptom free.

# FEVER

If child has a body temperature of 100 degrees or more, parent will be notified to pick up. Child may return when they are 24 hours fever free without the use of medications, such as ibuprofen, acetaminophen, or any other medication related to the illness and/or a note from health care provider indicating that child is not contagious.

## UNEXPLAINED RASHES

If child has an unexplained rash, a doctor's note will be required before the child can return to the childcare center.

# PINK EYE/CONJUNCTIVITIS

Parents will be asked to pick up a child that show's signs and/or symptoms of Pink Eye/Conjunctivitis red, itchy watery eyes with any white/yellowish/greenish discharge. Prior to returning to the child development center, a child with pink eye should have received prescribed medication for a minimum of 24 hours.

#### RSV

When a child shows any combinations of signs and symptoms of possible RSV, the child will be excluded from attendance until it is determined with clinical testing done by a medical professional, that RSV is not present. "Symptoms of RSV usually include: Runny nose, decrease in appetite, coughing, sneezing, fever, wheezing. In very young infants with RSV, the only symptoms may be irritability, decreased activity and breathing difficulties."\*

## HEAD LICE

At the sign of any live lice or nit, parents will be notified to pick up child. Hair must be free of all live lice and nits prior to returning to school.

#### CONTAGIOUS CONDITIONS

If a child has any contagious conditions (strep throat, pink eye, chicken pox, etc.), please contact Kids Express Site Lead immediately so parent alert letters can be posted. (Confidentiality will be maintained.)

#### PRESCRIPTION OR OTC MEDICATIONS

If a child requires medication during before or after school a Medication Consent Form must be completely filled out and submitted before medications can be dispensed. Prescription Medications need to be in the original container and show the child's full name, name of their parents, date, and physician's order which should include the name of the medication, dosage, frequency and mode of administration and the Medication Consent Form must be completed.

Any medications being administered must have had the first dose administered at home 24 hours prior to administering at the child development center.

Children who have health concerns that require an epi-pen or breathing treatments must complete a personal health plan packet each year.

No medications are to be kept or stored in children's back packs while at Kids Express.