

Name: _____ Period: ____ Date: _____

PHYSICAL EDUCATION – MAKE UP ASSIGNMENT

1. Find an article regarding health, nutrition or exercise from the internet, a magazine or newspaper. Articles need to be at least 500 words in length.
 - No articles about professional or college sports.
 - No articles consisting of pictures demonstrating an exercise with paragraphs describing the form.
 - If you cannot find one 500 word article you may complete the assignment with two 250 word articles.

2. Type a summary (100 words minimum) emphasizing the main points of the article(s).
 - The summary should be complete sentences with correct spelling and grammar.
 - The print size needs to be 12 pt.
 - The font should be in Times New Roman.

3. Type at least one paragraph (100 words minimum) regarding how The article can help enhance your lifestyle or of someone close to you. (Same criteria as step 2).

4. Staple the following together:
 - This cover sheet.
 - A copy of the article(s).
 - Summary of the article.
 - Reaction/response to the article.

This assignment will be due one week after your last absence.
No late papers will be accepted.