



project **REWIND** by nMk[®]

REDISCOVER EXISTING WAYS TO INSPIRE NEW DIRECTIONS

Project REWIND is a peer-to-peer prevention and early intervention program for teens experiencing mild to moderate problems associated with alcohol and/or other drug use. We believe in strengthening family connection, communication and setting appropriate boundaries to protect and support our youth's mental health and well-being.

notMYkid takes a proactive approach to early intervention when dealing with problematic issues teens face as a result of drug and alcohol use. The overarching goal of the program is to deter experimenters from becoming regular users.

notMYkid developed a dynamic and engaging platform, utilizing our peer-to-peer model, to address the impact of substance use on the individual teen, academics, friendships, employment, and relations with family and loved ones. Substances addressed in the program include: alcohol, smoking/vaping, cannabis/THC, prescription pill misuse, synthetic drugs, and illicit drugs.



**SCAN TO REGISTER FOR PROJECT REWIND,
PLEASE COMPLETE THE FORM AND OUR TEAM WILL
CONTACT YOU TO SCHEDULE YOUR CLASS PLACEMENT.**

notMYkid[®]
Educate • Inspire • Grow

THE **5-HOUR PROGRAM** SEQUENCE INCLUDES:

Self-paced online learning session for teens and parents together.
2 hours

Live group session at our Scottsdale Campus or secure Zoom room.
2 hours

Individual session with a behavioral health specialist for a customized support plan and connection to additional services, if necessary.
1 hour

Parent involvement is required.

Families must complete the online course before attending live class.

Screening registration is required to participate in the program.

project REWIND is offered at no cost to Arizona families.