Sports Medicine Syllabus

Year One

2020-2021

Instructor: Allyson Romero

Room: Virtual/BB4

Email Address: romero.allyson@cusd80.com

Remind: text @perrysm1 to 81010

Available Hours: M-F 2:15- 3:00PM

\*by appointment any other time\*

\*\*Email is the BEST way to contact me\*\*

CLASS FEE REQUIRED: $25

Due by the first Friday of the school year to the bookstore. Upload a copy of the receipt to the appropriate assignment in Google Classroom.

Class Description: Sports Medicine is a two year program designed to introduce you to the various knowledge that medical professionals who work with athletes need to know and understand. In year one we will be studying about these different professions as well as focusing on mainly what an athletic trainer’s duties are. In this class you will have an introduction to human anatomy, injuries, injury prevention, CPR/first aid, injury management as well as some other basic medical professional backgrounds. This class is considered a Career and Technical Education Course (CTE) and has a student run organization (CTSO) associated with it. Only students who have taken Sports Medicine can participate in this organization (current students or completers only)

Google Classroom

Students will need to have access to a computer/device with internet at home and occasionally at school. All students will be assigned/invited to a Sports Medicine Google Classroom and the HOSA Sports Medicine Google Classroom. All work is expected to be turned in on Google Classroom. In the event of a school closure all work will be assigned through Google Classroom. It is expected that students know how to (or will learn how to) access Google Classroom, complete assignments using various Google Suite Software, create new documents/slides/spreadsheets, and upload PDF’s/images into Google Classroom. If you need help with any of this please contact me to help you.

Parents: If you would like to be added to your students Google Classroom, please EMAIL me with the email address you would like to use. Please note, once you are linked to ONE classroom you will have access to all of your students Google Classrooms on the same email/account. Please ask if you have any questions.

Digital Applications and Accounts – these are all free and need to be linked to your gse account

Google Classroom – all classwork, lessons and class calendar

Quizizz – all classroom tests/quizzes (www.quizizz.com)

Quizlet – vocabulary practice and games (www.quizlet.com)

Nearpod – lectures and collaboration ([www.nearpod.com](http://www.nearpod.com))

FlipGrid - video submissions ([www.flipgrid.com](http://www.flipgrid.com)) - I will give you the class code.

Padlet - questions/comments/feedback ([www.padlet.com](http://www.padlet.com)) -- you do not need to join, just a link will be shared

All of these applications have a website as well as a phone app. How you access them the majority of the time is up to you. When setting these accounts up be sure to use your gse google account and your name. Directions and invitations to the class groups within these programs will be sent via Google Classroom.

Virtual Learning/Hybrid Learning (when we return)

In the case of a possible future school closure, it is expected that students will continue to complete all work as assigned in Google Classroom. In the case of hybrid learning it is expected that students will complete the assigned online portions PRIOR to coming to class that day. Failure to complete these components may result in the student struggling to understand the material being presented that day.

Synchronous and Asynchronous Learning

We will be completing lessons and assignments both synchronous and asynchronous this year. Synchronous learning is when the instructor in front of the class via in person or video and the class can immediately participate in or ask questions throughout the lesson. Asynchronous learning is when the lesson is prepared and assigned via an online platform and the student completes the assignment and learns at their own pace. Please note that the synchronous learning lessons will be prerecorded and posted for students who are absent - all work completed during the live class will still be expected to be completed if you are watching the recorded video.

Google Hangouts:

During Google Hangouts it is expected that all students are physically present in front of their devices to participate in the class. You are to remain on MUTE upon entering the Google Hangout - you may CHOOSE to have your video or on MUTE as well. Please only come off of mute to ask a question or respond. Please respect everyone in the Google Hangout by acknowledging each other if multiple people begin to speak. When we are in breakout rooms in Google Hangout it is expected that you participate in the discussions and maintain a professional tone. If participating in the CHAT or the PADLET please keep all comments school appropriate and positive - feel free to help answer other questions students may have that the instructor has not answered yet as well.

Expectations:

Respect others, yourself, and property.

Be on Time - please log in and be ready to start at our scheduled time

Turn in all work on time

Participate Daily/Come Prepared.

Appropriate Use of Electronic Devices

Complete all assignments to the best of your individual ability (no cheating/plagiarism)

No Food or Drink in the Classroom

Follow all expectations set forth in the Perry High School Student Handbook and the CUSD Student Handbook

Grading Policy

This class is graded using a points based system. Everything pulls equal weight, but may be worth more points. Assignment point values vary. Tests/quizzes are 100 points regardless of the number of questions. You will have projects in this class that range in points from 50 points and up depending on the project. On longer projects you may be given points for in class time to work and this is in addition to the total points of the project. This class is weighted with each quarter being worth 40% each and the semester exam is 20%. (40/40/20 split each semester).

100 - 90% = A

89.9 - 80% = B

79.9 - 70% = C

69.9% - 60% = D

59.9% and Below = F

\*I reserve the right to round grades up as I see fit at the end of each QUARTER. Infinite Campus does NOT automatically round up\* Not all assignments given in Google Classroom relate to a grade in Infinite Campus. Be sure to use Infinite Campus to monitor your progress.

\* There are a minimum of

Students are responsible for keeping track of their own grades.

Tardy /Late Work/Absent Policy - IN PERSON:

Being a student is your job. Be on time for your job. Tardy is defined as being in your seat, working on the bell work assignment when the final bell rings. If you must turn in an assignment late there may be consequences. One (1) class late = 50%, two (2) classes late = 25% and 3 or more classes late = 0%. For everyday you are absent you get 2 days to make up the work that you have missed and then the late work consequence will go into effect. If you are absent on the day a physical assignment is due, it is due the day you return. If the assignment is to be turned in on Google Classroom it is still your responsibility to turn it in on time regardless of you being absent.

Tardy/Late Work/Absent Policy - VIRTUAL:

I understand that there are extenuating circumstances regarding access to technology during this new time. However, turning your work in on time is still important. All work must be completed prior to the beginning of your next class period (if assigned “during” class) unless otherwise posted in Google Classroom. This gives you 24 - 48 hours to complete the assignment without penalty. If you fail to complete the assignment in the given time frame, there may be consequences. These consequences are: one (1) class late = 50%, two (2) classes late = 25% and 3 or more classes late = 0%. There is NO absent policy. If you are “absent” on the day an assignment is due, you must still submit it digitally on time.

Consecutive Absences

If you are to be absent from class for any reason for several days it is your responsibility to communicate with the instructor. All work will be assigned through Google Classroom. Recordings of lectures may be available to watch following class and it is your responsibility to complete any missed assignments. Some class days there might be a live link posted in Google Classroom at your normal class time for you to join in live with. Questions regarding work assignments while being absent please contact your instructor.

Cheating/Plagiarism Policy:

No one benefits from cheating/plagiarizing. If caught cheating/plagiarizing you and the person you cheated/plagiarized from will receive a 0 on the assignment and a referral. If the assignment is for another class, that teacher will be notified and they will issue their consequence. Cheating is defined as acting dishonestly or unfairly in order to gain an advantage, especially in a game or examination.

Plagiarism is the practice of taking someone's work or ideas and passing them off as one’s own.

Sources: Google Dictionary

Perry High School has a more detailed policy on this in the student handbook.

HOSA: Future Health Professionals:

HOSA: Future Health Professionals is a student run INTERNATIONAL Professional Organization for middle school, high school, and collegiate students. Membership and participation in HOSA is REQUIRED. You will be expected to attend meetings (virtual and/or in person), fundraising events, community service, and competitions. Go to [www.hosa.org](http://www.hosa.org) to learn more about HOSA.

Required Materials (May need at home for virtual learning):

Access to a computer with internet

College Ruled Paper (No frilly edges)

Colored Pencils (12 colors minimum)

Pencil Sharpener (for colored pencils)

Black, Blue, Red Pen(s) ONLY

Assignments/Quizzes/Tests:

All class assignments MUST be completed in black or blue ink (or typed) and uploaded to the proper section of Google Classroom. This is an expectation of medical professions. No white out will be allowed. If you make a mistake, draw a single line through it then then move on. The only exception to this is on quizzes and tests. If you would like to use pencil on those you may. Quizzes and Tests may be given digitally using a website called Quizizz or in Google Classroom. All quizzes and tests may be announced or unannounced and will include a variety of question types including but not limited to multiple choice, matching, true/false, fill in the blank, short answer, and essay.

Videos/Movies:

Due to the nature of the class involving needing to view sports injuries, we will be watching several various youtube clips depicting injuries. Please be informed that some of these can be graphic and can contain blood. We may also watch various recorded surgeries including but not limited to: ACL with Meniscus (Knee), Elbow, Rotator Cuff (Shoulder), Hip Replacement, and Back. We will also be watching clips and full length feature films to help supplement the curriculum. These films may include: Concussion (with Will Smith), NFL: League of Denial (PBS Documentary), John Q (with Denzel Washington - for ethics), Brian’s Song (knee injury rehab/psychology), Dying to be Thin (NOVA Documentary - Eating Disorders), 1000 to 1 (Psychology), A Secret Between Friends (Eating Disorders/Psychology), CPR/First Aid Certification Video.

Electronic Device Policy - in person:

It is the school’s policy to allow electronic devices to be used in the classroom per teacher discretion. There is a great benefit to using electronic devices to enhance engagement and learning. Participation in this class requires the use of an electronic device – phone, computer or tablet. There are laptops available in the classroom should you need to borrow one. It is expected that all students will use technology with respect and professionalism. When doing lab activities it is expected that electronic devices are put away so they do not get damaged or stolen. I(Rebecca Goetz), Perry High School, and CUSD are not responsible for any damages or lost electronic devices. All headphones must be turned off and put away during class.

Electronic Device Policy - Virtual:

It is expected that students will be using their devices during class time to access materials as assigned by the instructor. Please use these devices with respect and professionalism. It is expected that there will be NO photographs/screen grabs/screen casts of class discussions, Google Hangouts, Chats, or anything else that may contain protected student/staff information. Please treat this as if you are in class live - you would not like someone taking random photos of you. If it is discovered that this is occurring there may be punishment from Perry Administration.

It is the responsibility of the student and the parent to ensure that they are accessing the course material appropriately and following the guidelines set forth by their family.