



Snacks



Our kindies are welcome to bring snacks to eat in class while they are doing their morning work, or when they are out at recess. It is optional to send a snack with your child. Please let me know as soon as possible if your child has any mild, or severe allergies to certain foods. I want to make sure your child has a safe and enjoyable snack experience!

I have included some guidelines to assist you in making your snack choices...and remember, our goal is to feed their minds and not their energy! 😊 Thank you!

- Snacks should be packed and labeled separately from their lunch.
- Please pack something that shouldn't take more than 10 minutes to eat.
- Any left over snack will be either put back in backpack/lunchbox, or thrown in the trash. All plastic containers will be returned to backpacks/lunchboxes.
- List of possible snacks include:
 - Pre-sliced fruit or veggies
 - String cheese/mozzarella sticks
 - Fruit cups with plastic spoon
 - Fruit roll-ups
 - Pudding cups with plastic spoon
 - Jell-O cups with plastic spoon
 - Chewy Granola Bars
 - Crackers (Graham, Goldfish, Cheez-Its, Saltines)
 - Cheerios
- **ONLY WATER** is allowed during snack (preferably in a pop-top bottle).

Should you have any questions or concerns, please contact me. Thank You!

