



Chandler Unified School District

PED700 & PED800 Physical Education

Semester 2, SY 2022-23

Course Overview

Course Description

PED700 & PED800 Physical Education (One Year or One Semester): This course offers students a basic foundation in physical education by exposing them to a variety of individual and team sports. An emphasis is placed on promoting lifetime sports and physical fitness.

Advanced Placement (AP) / International Baccalaureate (IB) / Dual Enrollment

This not an AP, IB, or Dual Enrollment course. An additional syllabus is not required for this course.

Site

School name and address:

Willis Junior High School, 401 S McQueen Rd, Chandler, AZ 85225

Building principal:

Jeff Delp
delp.jeff@cusd80.com

Faculty Information

Teacher:

Sabrina Cox Bachelor of Arts and Master's Degree in Physical Education
cox.sabrina@cusd80.com
(480)883-5716

Office hours: Wednesday 8-9 am and 4-5 pm or as needed

Course Learning Outcomes

After this course, students will be able to:

- Demonstrate competency in a variety of motor skills and movement patterns.
- Apply knowledge of concepts, principles, strategies, and tactics related to movement and performance.
- Demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
- Exhibit responsible personal and social behavior that respects self and others.
- Recognize the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

Materials and Fees

Course Materials

- PE Uniform
- Athletic shoes and socks are a must. Shoes must be laced and tied appropriately to

ensure safety.

- Water bottle.

Course Fees

• New PE uniform shirts can be purchased through the PE department. The cost of the shirt is \$10.00. Cash only. • You may also provide your own shirt, must be a plain gray shirt. • You must provide your own athletic bottoms for PE. Basketball shorts, running shorts, leggings, joggers, sweatpants, etc. They must be black or blue. • Each student will be given a lock and a locker. It is their responsibility to keep their combination safe and secure. Lock up valuables, the PE department is not responsible for lost or stolen items. • If the lock is lost or damaged, a \$5.00 replacement fee will be charged.

Curriculum and Instructional Resources

Adopted Resource(s)

N/A

**An asterisk will indicate a resource containing sexually explicit materials per legislative definitions.*

CUSD has determined that all resources listed above are of exceptional educational value.

Course Access

This course is taught in person at Willis Junior High School. Students will have access to the curriculum and instruction in the classroom. Google Classroom is the primary location for students to access material when absent from classes taught in person. Buzz is the primary location for COA students to access materials at all times.

- Clever cusd80.com/Page/45109 (select secondary courses will use clever)

Computer Requirements

Students can use devices to engage with electronic resources and turn-in select assignments.

Help

Academic Support

- Contact the teacher to schedule an appointment during office hours
- [NetTutor](https://cusd80.com/NetTutor) offers K-12 CUSD students free live tutoring, question drop-off, and writing feedback (cusd80.com/NetTutor)
- [Ed Tech](https://cusd80.com/Page/45109) support for students, parents/guardians, and community link (cusd80.com/Page/45109)

Mental Health Support

- CUSD's Counseling and Social Services Department provides access to mental health support for students and families through their webpage cusd80.com/Domain/10528
- US Department of Health and Human Services 9-8-8 hotline
- 24-hour Crisis Line Talk: 602-222-9444, Text: 741-741

Student Conduct, Success, and Responsibilities

Student Handbook

Students must follow the policies and procedures established in the Student Handbook. Copies of the handbook can be found at <https://www.cusd80.com/handbooks>. Printed copies will be provided upon request.

To be successful

- Students will be respectful to the teacher and classmates and avoid making others feel less valued.
- Students will use school appropriate language.
- Be prepared for class and ready to be active.
- Students will arrive to class on time and dress out.
- Follow classroom routines and expectations that are in place.
- Participate fully and to the best of your ability.

Student Responsibilities

- Students will use Physical Education equipment appropriately, safely, and as instructed.
- Students will be positive and do their best in all activities.
- Students will be encouraging to classmates and understand that we all have different experiences, talents, and ability levels.

Locker room Expectations

- No food, drinks, candy or gum in the PE areas: *This includes Gatorade/sports drinks.* Water is acceptable.
- Cell phones and other electronic devices will not be allowed out while in the locker rooms or in class. If these items are out in the locker room or class they will be taken and given to the office, for parent/guardian pick-up.
- No horseplay of any kind is permitted in the locker room.
- No glass containers are allowed in the locker room. Deodorant and body spray in plastic containers are permitted if they are used appropriately. If used inappropriately, they will be taken away.

Injuries or Sickness

- Students who are restricted from physical activity due to illness or injury must provide a written excuse dated and signed by a parent or guardian.
- If a student is going to need to sit out due to injury or illness for 3 or more days a doctor's note is required. A doctor's note will also be required when the student is cleared to participate in class again.

Late work

Students will have the same amount of time they were absent to get their work turned in before it is considered late. Please remember that it is the student's responsibility to contact his/her teacher for the make-up work. There is a written option or a physical activity option.

Paper copies of make-up work can be found in the locker rooms or online on the PE google classroom.

Assessments and Assignments

Students will complete assessments during each unit of study to assess their understanding. Students will complete a final at the end of the first and second semesters. The final will count for 20% of the student's final semester grade in grades 9-12 and 10% in grades 7-8 (some exceptions may apply at the Junior High level).

Final exams will be given during the CUSD Jr High/High School Early Dismissal days in December and May, as identified on the [District Calendar](#).

If students are requested to participate in a survey, the survey questions will be provided to parents/guardians seven days before student contact.

Grading

Grade Percentage

A	90% - 100%
B	80% - 89%
C	70% - 79%
D	60% - 69%
F	<60%

Quarter grades

Students will be graded on bell work and in- class assignment completion. Students will also be graded on their participation, effort, and behavior. Students will also complete periodic assessments.

Each class is worth 100 points. Points will be deducted if the student is not actively involved in all phases of the class; warm-up, fitness, lesson, and games. Students must demonstrate a positive attitude and behavior towards teachers and students, or they will be removed from the class and forfeit their activity points.

Semester grades

Student semester grades are calculated using 45/45/10: Each quarter accounts for 45% of the semester grade and the final exam accounts for the remaining 10%.

Units of study

Parents/Guardians should indicate if they “Agree” or “Disagree” with their student’s participation in each of the following units of study.

- Recreational Games
- Volleyball
- Weight Room
- Basketball
- Soccer
- Team Handball
- Flag Football
- Badminton
- Softball
- Hockey
- Track and Field
- Pickleball
- Health Related Fitness Components
- Skill Related Fitness Components
- FITT Principle

**An asterisk will indicate a unit of study containing sexually explicit materials per legislative definitions.*

