



# Chandler Unified School District

## PED720A Athletic Physical Education

### SY 2023-24



## Course Overview

### Course Description

This course is specifically designed for athletes from all sports desiring to improve their overall performance. Athletes build their physical abilities through activities designed specifically to increase strength, improve speed and agility, develop balance, and enhance hand/eye coordination. In addition, athletes are taught the importance of good nutrition, caring for minor injuries, and the value in developing a positive mental attitude as part of preparing for athletic competition.

### AP/IB/Dual Enrollment

No

### Prerequisite/Fee(s)

None

### Course Materials

- Navy blue shorts/sweatpants
- White or gray t-shirt
- Tennis shoes (with laces)
- Refillable water bottle
- Sunscreen

### Technology:

With the 1:1 technology initiative, it is the responsibility of the student to bring their fully charged laptop to school every day. Technology is a tool no different than a pencil. Like all school supplies, students are expected to have the supplies needed to learn.

### Adopted Resource(s)

OPEN <https://openphysed.org/>, Dynamic Physical Education <https://www.dynamicpeasap.com/>, Complete Guide to Sport Education (Human Kinetics)

*\*An asterisk will indicate a resource containing sexually explicit materials per legislative definitions. CUSD has determined that all resources listed above are of exceptional educational value.*

## Site and Faculty Information

### School name and address:

Camille Casteel High School, 24901 S Power Rd, Queen Creek, AZ 85142

### Building principal:

Jayson Phillips  
phillips.jayson@cusd80.com

### Teacher:

Coach Beamon MEd  
beamon.elijah@cusd80.com

**Office hours:** By appointment

## Course Access

This course is taught in-person at Camille Casteel High School. Students will have access to the curriculum and instruction in the classroom. Google Classroom is the primary location for students to access material when absent from classes taught in person.

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## Help

### Academic Support

- Contact the teacher to schedule an appointment during office hours
- [Ed Tech](#) support for students, parents/guardians, and community link ([cusd80.com/Page/45109](https://cusd80.com/Page/45109))

### Mental Health Support

- CUSD mental health support [cusd80.com/Domain/10528](https://cusd80.com/Domain/10528) or 480-573-8808 (talk or text)
- Suicide & Crisis Lifeline: 9-8-8 hotline
- 24-hour Crisis Line Talk: 602-222-9444, Text: 741-741

## Student Conduct, Success, and Responsibilities

### Student Handbook

Students must follow the policies and procedures established in the Student Handbook. Copies of the handbook can be found at [cusd80.com/handbooks](https://cusd80.com/handbooks). Printed copies will be provided upon request.

### Student Responsibilities

- Do the best of your ability
- Be respectful - to teachers, classmates, and equipment
- Be on time, be prepared
- Follow all safety guidelines and school rules
- NO CELLPHONE USE IN THE LOCKER ROOMS
- Each student will be issued a school lock and locker to use for the year. If the lock is lost and not turned in at the end of the year, the student must pay \$10 to the bookstore in order to be issued another lock.
- KEEP YOUR BELONGINGS LOCKED AT ALL TIMES
- IF YOUR BELONGINGS ARE STOLEN AND THEY WEREN'T LOCKED, I CANNOT HELP YOU.
- You cannot bring in your own lock. It must be a school issued lock.
- CUSD/Casteel HS are not responsible for the students' belongings.
- Aerosol cans (hairspray, deodorant, perfume, etc.) are not permitted in the locker room.
- Locker rooms are closed during lunch periods and after school (unless a coach is there to supervise).
- No gum, food, or drink are allowed in the locker room (other than water).
- ABSOLUTELY NO HORSEPLAY IN LOCKER ROOMS

### Discipline Protocol:

It is the expectation that students hold themselves to high standards. The teacher will address students who are not meeting these expectations. Typical classroom behaviors consequences these are they standard progression for discipline

- a warning
- a warning with a phone call (student will lose participation points)
- a Parent-teacher conference (student will lose participation points)
- a referral (all points will be taken for that day)

Our goal is to work with families to ensure that all students have a safe and focused learning environment.

### Tardy Protocol:

Students are expected to be in the locker room when the bell rings and getting ready for class. If a student is tardy to class teachers will follow this progress to rectify students being late to class.

- a warning on their first and second offense (student will lose points).
- the teacher will email / call home (student will lose points)
- Notify the Attendance Interventionist and email / call home.
- On the fifth offense, the teacher will refer the student to our Attendance Interventionist, who can work with families and assign Saturday school if necessary.

The teacher has the option to provide their own lunch detention at their discretion instead of writing a conduct referral.

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## Late work

Students who have excused absences have at least one day every day they are absent to make up the work they missed. Excessive absences can result in the loss of a credit for the course.

For each day you are absent, you will need to complete a minimum of 45 minutes of physical activity on your own time. There will be an activity log posted on Google Classroom. It is the students responsibility to print out the form and have a parent/guardian sign the form to confirm the activity was completed.

For anyone that misses two or more days in a week due to sickness, injury, or medical excuse that prohibits you from participating in class, you be required to write a one page paper. It is due by Friday of the following week that you are out. You can either email or print out the paper to submit it for a grade.

The make-up activity is only for absent, sick, or injured students. You will not be able to make up a day where you did not dress out.

## Assessments and Assignments

Students will complete assessments during each unit of study to assess their understanding. Students will complete the CUSD Common Final at the end of the first and second semesters. The Common Final will count for 20% of the student's final semester grade in grades 9-12 and 10% in grades 7-8 (some exceptions may apply at the Junior High level). Common finals will be in ELA, Math, Science, Social Science, and World Language.

Final exams will be given during the CUSD Jr High/High School Early Dismissal days in December and May, as identified on the [District Calendar](#).

If students are requested to participate in a survey, the survey questions will be provided to parents/guardians seven days before student contact.

## Grading

### Grade Percentage

A	B	C	D	F
90% - 100%	80% - 89%	70% - 79%	60% - 69%	<60%

### Quarter grades

Each student will begin the day with 10 points. Points will be deducted daily according to the following:

- Dressing out (5 points). Students are required to change clothes everyday. (-5 pts non-dress/no tennis shoes, -2 pts missing one part of uniform, -3 pts dressed out but not in uniform)
- Participation (5 points). Students are expected to arrive on time and fully participate in every activity. (-5 non-participation, -3 tardy w/o pass, -1 to -5 inappropriate behavior, inappropriate language, poor sportsmanship, little effort).

### Semester grades

Semester grades are calculated using 40/40/20: Each quarter accounts for 40% of the semester grade and the final exam accounts for the remaining 20%.

## Units of study

### Units for PED720A Athletic Physical Education

Fitness/Speed/Strength/Agility Training  
Flag Football  
Kickball  
Tennis/Pickleball  
Basketball  
Wiffleball/Cricket  
Soccer  
Volleyball

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Team Handball/Speedball  
Yoga/Flexibility

*\*An asterisk will indicate a unit of study containing sexually explicit materials per legislative definitions.*



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PED720A Athletic Physical Education

SY 2023-24



**Site:** Camille Casteel High School

**Building Principal:** Jayson Phillips, phillips.jayson@cusd80.com

**Teacher:** Coach Beamon, beamon.elijah@cusd80.com

## Parent/Guardian

### Acknowledgment

Parents/Guardians should indicate if they "Acknowledge" or have a "Potential Conflict" with their student's participation in the following units by checking the appropriate box for each unit of study listed. Students cannot opt out of a standards-based unit. Marking "Potential Conflict" will prompt the teacher to make contact regarding assignment alternatives.

Unit of study	Acknowledge	Potential Conflict
Fitness/Speed/Strength/Agility Training	<input type="checkbox"/>	<input type="checkbox"/>
Flag Football	<input type="checkbox"/>	<input type="checkbox"/>
Kickball	<input type="checkbox"/>	<input type="checkbox"/>
Tennis/Pickleball	<input type="checkbox"/>	<input type="checkbox"/>
Basketball	<input type="checkbox"/>	<input type="checkbox"/>
Wiffleball/Cricket	<input type="checkbox"/>	<input type="checkbox"/>
Soccer	<input type="checkbox"/>	<input type="checkbox"/>
Volleyball	<input type="checkbox"/>	<input type="checkbox"/>
Team Handball/Speedball	<input type="checkbox"/>	<input type="checkbox"/>
Yoga/Flexibility	<input type="checkbox"/>	<input type="checkbox"/>

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**By signing and returning this form**, the parent/guardian acknowledges they have reviewed the resources and units of the study included in the syllabus.

- As the parent/guardian, I understand that I may contact the teacher if I have questions about the resources, content, or units of study.
- As the parent/guardian, I understand I can check my student's grades in Infinite Campus anytime during the school year.

Student name (printed)

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Student signature

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Parent/Guardian name (printed)

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Parent Signature

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Date

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**Please return this page to your student's teacher.**