

Teen Talk



A virtual drop-in group for teens to access information, support, and resources.

- Connect with other teens
- Talk about challenges
- Get support and resources
- Learn mindfulness tips
- Play games and have fun

JUST FOR TEENS
Every Tuesday
at 4:00 PM



Follow us @[amplifiMYvoice](#)
or visit [notMYkid.org](#)
to join the group

notMYkid[®]
INSPIRING POSITIVE LIFE CHOICES

in partnership with
Dignity Health, BHHS
Legacy Foundation, and
the Governor's Office for
Youth, Faith and Family.